

• volunteer

Kaposia invests in the prosperity of people with disabilities and the profitability of our partners.

Therapy Assistant



Purpose: The Therapy Assistant will help individuals with developmental disabilities improve their wellness with movement, exercise, relaxation, and other individualized therapies. The presence of a Therapy Assistant allows for more participation by very appreciative individuals. An excellent “service learning” opportunity for various therapy students!

Responsibilities and Duties: A Therapy Assistant, under the guidance and supervision of Kaposia Staff, is assigned from one to three individuals, depending upon the activity. Activities might include physical exercise, water exercise, massage, music or other therapies.

A Therapy Assistant is guided by and defers to Kaposia staff regarding medical, emotional or personal care of individuals.

Reports to: Kaposia’s Community Specialist in charge of the activity

Location: Therapy Assistants are welcome at all of Kaposia’s locations; especially Roseville & Golden Valley. Therapy Assistants with a particular interest in water therapy are needed at our Golden Valley location only.

Time Commitment: One day per week for four hours (9:00am-1:00pm), sometimes less, for a minimum of five consecutive weeks. Each Therapy Assistant is asked to commit to a minimum of one day per week for a period of five weeks. After five weeks, each Therapy Assistant can recommit for another five weeks or more, contingent upon the approval of Kaposia staff.

Qualifications: Dependability, pleasant manner, patience. Therapy experience and/or education is highly preferred, but other health and wellness related interests will be considered.

Age Requirement: 18 or older

Support: Training for this position will be provided; including information on vulnerable adult policy, safety & emergency procedures, and data privacy.

Security Checks: MN Department of Human Services Background Study may be required under certain circumstances.

Dress Code: Active Casual, depending upon the activity.

apply: www.kaposia.com/volunteer